

Wedding

Our team of experts are on hand to help solve all your planning dilemmas...

SOS!

OUR EXPERTS



RYAN AND HOLLY
TALENTED DESIGNER
DOUBLE ACT AT HOT
BRIDAL LABEL,
MARIA SENVO



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ACTOR AND FOUNDER
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ANNABEL RHODES
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DIRECTOR AT RHODES
TO HEAVEN



JO GOSSAGE
BRIDAL HAIR PRO
AND THIS MONTH'S
**PERFECT WEDDING
COVER STYLIST**



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Got a question? We're here to help you and offer advice. Write to us at sianade@planyourperfectwedding.com



STAY COOL WHILE
LOOKING HOT IN THIS
BEACH-READY NUMBER

FASHION

Q I'm getting married in Thailand, so I'm looking for a dress that's floaty and airy, yet bridal. What would you suggest? *Emily, 27*
Holly and Ryan: What a beautiful setting to say your 'I do's! There are so many options that give an overall soft bridal silhouette for a sun-filled big day. Layers of soft chiffon skirting flow beautifully and are the perfect choice for a beach wedding, as the material

stays cool on hot days yet gives a luxe overall feel that is still bridal. When paired with elegant details, be it a touch of intricate beading or a striking scooped back, the otherwise simplistic style takes a stylish fashion-forward turn. Our Fifteen collection offers brides a vast choice of covetable styles that are pared down yet chic; the beautiful Lyla gown, above, is perfect for a sunny wedding abroad. Good luck!

EMOTIONAL

Q I'd love to make a speech on my wedding day to thank everyone and say a few words about my lovely husband-to-be. I'm not used to speaking though and I'm so nervous! Can you give me any tips for staying calm? *Ellie, 32*

Robin: If you find yourself shaking with nerves, clench your buttocks - trust me on this one, it really does work! It's almost impossible to shake if you squeeze your buttocks as you speak! For a simple way to structure

your speech, write down all the names of people you want to thank - remembering to thank the guests most of all! Try starting with a lovely statement about how you feel ("I'm the happiest girl in the world and I'm going to tell you why"), then say a little bit about your husband. For added effect, at the end, repeat your initial phrase ("So that's why I'm the happiest girl in the world. Thank you very much.") And remember, wedding guests haven't come to judge you - they've come to support you, so have a fabulous day!



LOOSEN GUESTS UP WITH CHAMPERS BEFORE THE SPEECHES!

HAIR



BEAUTIFUL, BOUNCY CURLS ARE A CLASSIC CHOICE FOR YOUR DAY

Q My hair is poker straight and medium thickness. I want a soft curly look for my big day, but my hair just won't hold a curl. What can I do to help keep it in place? *Angela, 30*

Jo: Fear not, there are plenty of tricks to help keep the bounce in your style. The two most important factors to maintain a curl are having a good structure to your haircut and using the right products. At the hairdressers, ask for soft fluid layers. This will create a waterfall of waves and remove excess weight, which will drag the curl down. This will also complement your naturally straight hair and leave you with a fab style for honeymoon!

Product-wise, start by

cleansing and conditioning with Kerastase Volumifique shampoo and conditioner. The conditioner comes in a gel form which encourages fullness and is a lighter alternative to a cream. Apply a small handful of Kerastase Mousse Bouffante to towel dried hair then blow dry with a medium-sized round brush. Set the hair on medium-sized heated rollers - take sections the same depth as each roller - and spritz with hairspray, then secure in place. Let the rollers cool completely, then remove and gently brush. Use your fingers to tease the curls and secure with Shu Uemura Sheer Lacquer hairspray. You can also use one or two kirby grips to support the weight of the curl and keep it in place.

IMAGE: ALLURE BRIDALS